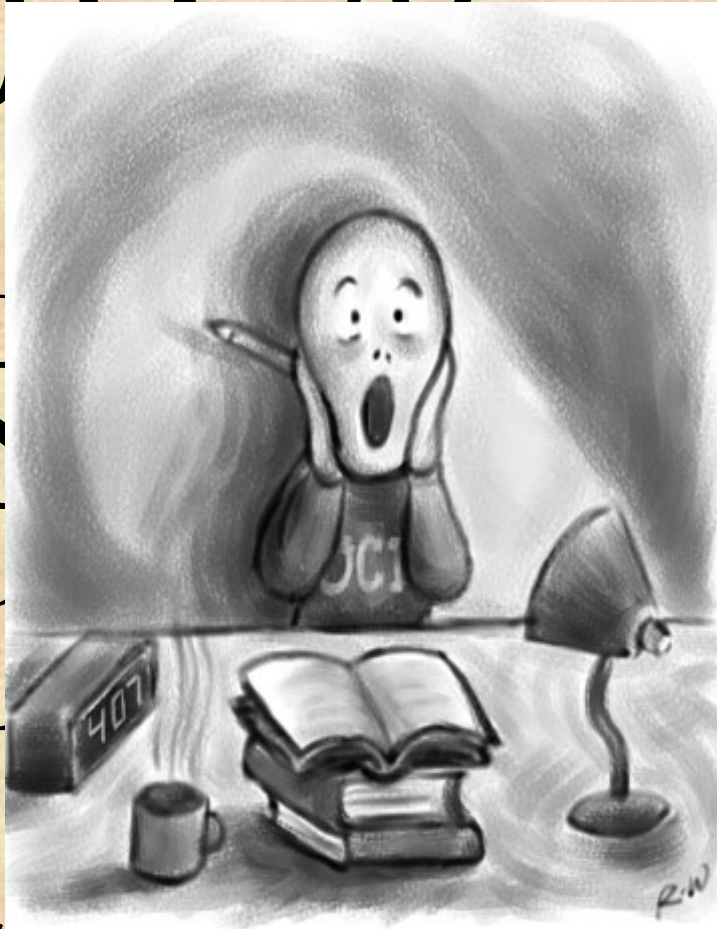


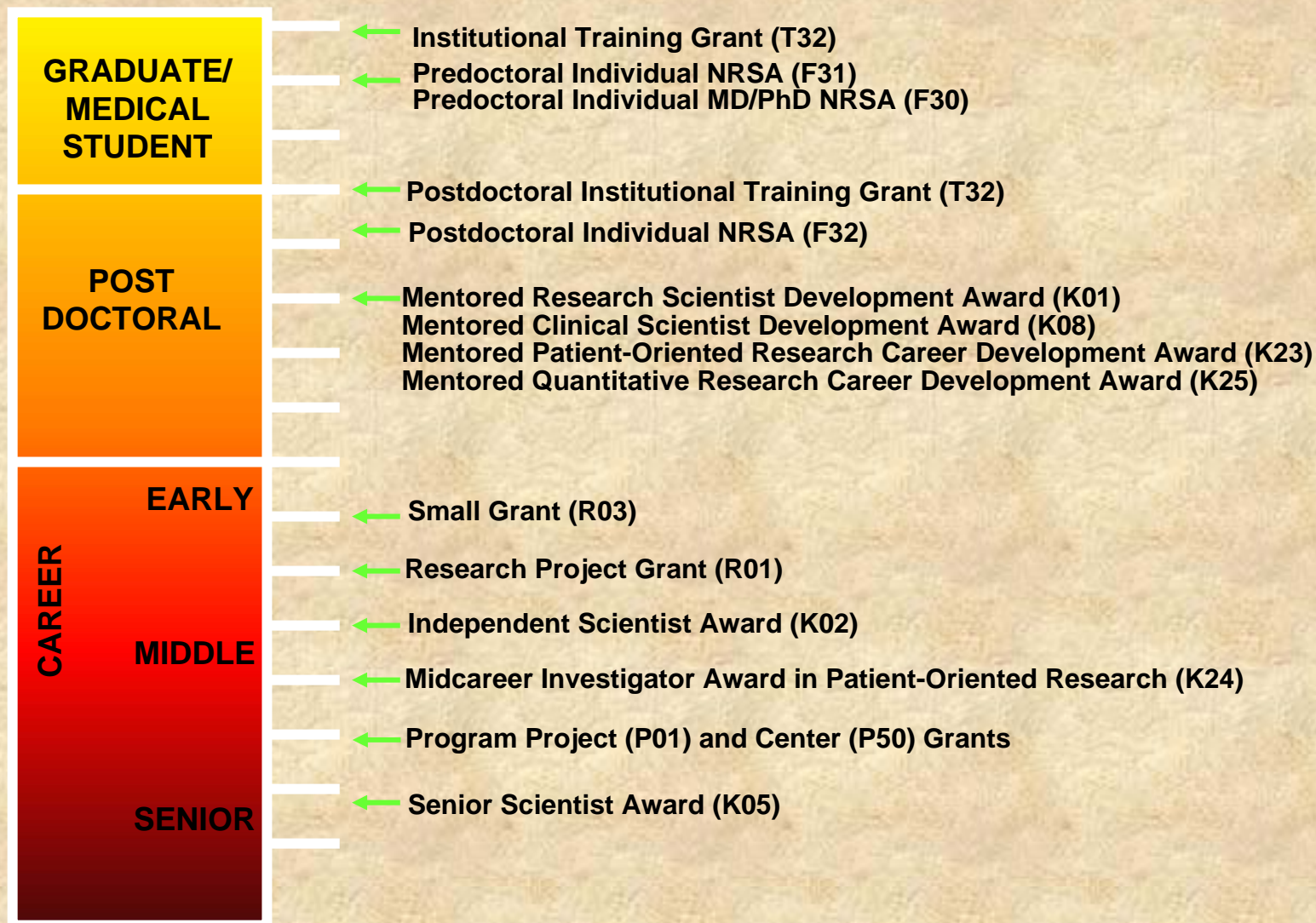
Hey NIH, Can I get a little help here?



Research Training and Career Development Timetable

Approx. Stage of Research
Training and Development

Mechanism of Support

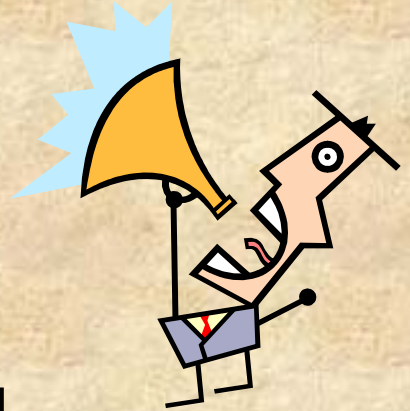


Hey PhD Students!



- **F31** = Fellowships or the “Individual NRSA” (National Research Service Award)
- **T32** = Training Grants. Check with your school to see if they have one.

Hey Post-Docs!



- **F32** = Fellowships or the “Individual NRSA” (National Research Service Award)
- **T32** = Training Grants. Check with your school to see if they have one.
- **K01 & K25** = Career Development Awards.
- **F33** = Senior Fellows, 7 years after degree

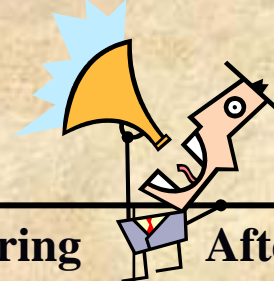
And if your Faculty- choices, choices!

(PhD, M.D./Ph.D etc.)



- **K01** = Mentored Career Development
- **R03** = Research Grant – small, pilot study
- **R21** = Research Grant – High risk, High Benefit study – medium sized
- **R01** = Research Grant, Gold Standard, full sized
- **P01** = Program Projects, Big multi-project
- **P50** = Centers, Very big, many components
- **K05** = Senior Scientist Award

Hey M.D. & M.D./Ph.D. Scientists!



Programs: ↓	Career Stage:→	Medical Student	Pre-Residency	During Residency	After Residency
Medical student summer research		T35			
Medical student scholars program		F31			
MD/PhD or MD/MPH program		F30			
MSTP leading to MD/PhD		T32			
Postdoctoral fellowship program			F32	F32	F32
NINDS career transition K award				K22	
Mentored clinical scientist K award					K08
Mentored patient-oriented K award					K23
Independent scientist K award					K02
Midcareer patient-oriented K award					K24

And we have Special Programs too!

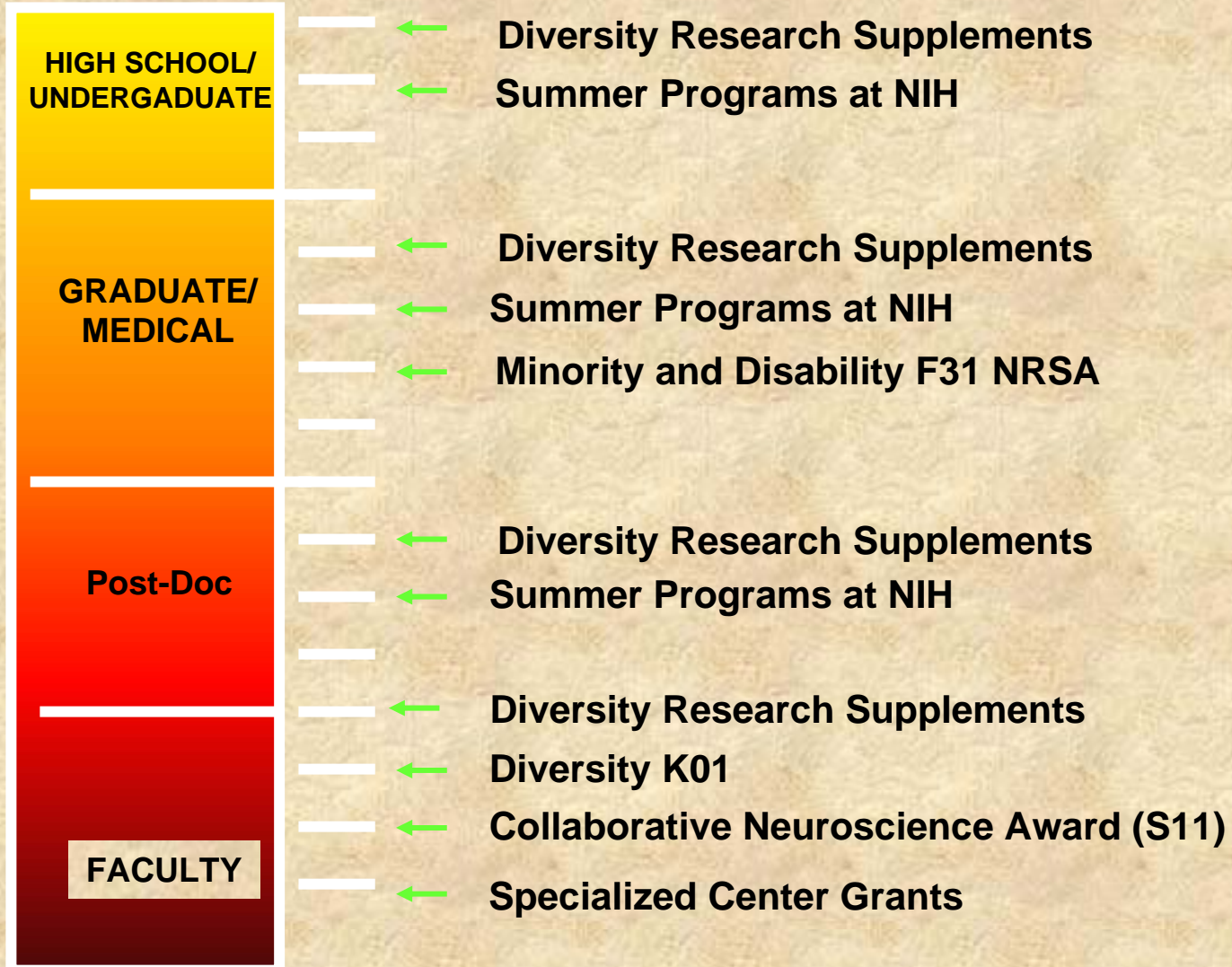


- **Promotion of Diversity in our Neuroscience Workforce is a High Priority at NIH**
- **Individuals with Disabilities**
- **Individuals belonging to under-represented racial and ethnic groups**
- **Individuals from Disadvantaged Backgrounds**
- **Individuals who want to Re-Enter Research**
- **If you qualify, you can apply to the following programs OR any of the other programs as well.**

Diversity Programs

**Approx. Stage of Research
Training and Development**

Mechanism of Support



Bethesda has great weather in the Fall!



- **K22** = NINDS Career Transition Award. 2-3 years at a NINDS lab, followed by 2-3 years in your own University lab as an independent investigator
- **NIH Labs** = other great opportunities at NIH Intramural laboratories – **COME TO OUR TABLE**

****Not all Institutes support all of the mechanisms mentioned, so...**

Call us!

